***BIO DATA / CURRICULUM VITAE November 2022***

Dr. Santosh Kumar Chaturvedi. MD, FRCPsych.

Currently, Visiting Consultant Psychiatrist

#### Jagadguru Kripalu Chikitsalaya, Vrindavan, Barsana and Mangarh, Uttar Pradesh, India

Former Dean, Behavioural Sciences, & Senior Professorof Psychiatry

National Institute of Mental Health & Neurosciences, Bangalore 560 029, India.

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Twitter  @skchatur  
Linked-in sk-chaturvedi  
[Vidwan | Profile Page (inflibnet.ac.in)](https://vidwan.inflibnet.ac.in/profile/11901#education_information_panel) Vidwan ID 11901

**Qualifications**: M.B.B.S. [Delhi University], **M.D. (Psychiatry); FRCPsych [UK],**

POSITIONS & EXPERIENCE: Clinical, Academic & Research

(As a CONSULTANT) : 40 years

Including working in the UK –

Consultant Adult Psychiatry, Leicestershire Partnership NHS Trust, Leicester, United Kingdom August 2021 to date

Full time Consultant Adult Psychiatry, Stoke on Trent, UK from November 2003 to November 2004.

Commonwealth Fellow, Christie Hospital & University Department of Psychiatry, Manchester, UK from October 1988 to February 1990.

Honorary Tutor, Cardiff University, School of Medicine 19 June 2018 to 19 June 2021.

**Job Positions:**

* August 2021 to date : Consultant, Adult Psychiatry, NHS,UK
* January 2016 to Jan 2019 : Dean, Behavioural Sciences
* December 2015 to March 2020 : Head, Dept of Mental Health Education
* April 2011 to July 2015 : Head of Psychiatric Rehab. Services
* April 2009 to March 2011 : PROFESSOR & Head, Psychiatry Dept.
* July 2001 to 31 December 2020 : PROFESSOR of Psychiatry
* Nov 2003 to November 2004 : Consultant Adult Psychiatry, NHS, UK
* July 1992 to June 2001 : Additional PROFESSOR of Psychiatry
* July 1988 to July 1992 : Associate PROFESSOR of Psychiatry
* October 1988 - Feb 1990 : Commonwealth Fellow, Manchester, UK.
* January 1986 to June 1988 : Assistant PROFESSOR of Psychiatry
* October 1982-January 1986 : LECTURER in Psychiatry

**MEDICAL REGISTRATION**

Karnataka Medical Council [Permanent Registration]: 64957

General Medical Council, UK [Specialist Register]: 5117420

Fellow of the Royal College of Psychiatrists Membership number 9143

**MEMBERSHIP OF INTERNATIONAL SOCIETIES:**

Fellow of the Royal College of Physicians, Edinburgh, 2017- 2019

Fellow of the Royal College of Psychiatrists 2010 - date

Member of the Royal College of Psychiatrists 2004 – 2010

Honorary Member, World Psychiatric Association, 2017 -

Member, World Federation of Mental Health 2015 - 2016

Member, International Association for the Study of Pain 1987 -

Member, International Psycho-Oncology Society 1991-2014

Member, International Early Psychosis Association, IEPA 2003-

**POSITIONS HELD:**

Vice-President, Indian Society for the Study of Pain 1985-87.

Corresponding Editor, Germany: SCHMERZ, PAIN, DOLEUR, 1986 to 1990.

Assistant Editor, Indian Journal of Psychiatry, 1985-1988.

Member, Executive Council, Indian Society for Study of Pain, 1989 to 1993.

Member, Executive Committee, Indian Association Social Psychiatry, 1995-98.

Member Editorial Board, Indian Journal of Pain, 1989- 2002.

Associate Editor, Progress in Palliative Care (U.K). 1994-2003

National Consultant, United Nations International Drug Control Programme [UNDCP], 1994.

Vice President, Indian Association of Palliative Care,1994 - 1997.

Editor, Book Review Section, NIMHANS JOURNAL, 1995 to 1998.

Associate Editor, Indian Journal of Palliative Care, 2000 to 2003.

Honorary Warden, NIMHANS Hostels, 2001 to 2003

Member, Equivalence Committee, Royal College of Psychiatrists, UK, 2004-08

Member, Editorial Board, Indian Journal of Palliative Care, 2003 -

Member, Editorial Board, Psycho Oncology 2002 - 2016

Member Ethics Committee, NIMHANS, 2005 – 2006

Member, Board of Directors, Int’l Psycho Oncology Society, 2006-11

Member, International Advisory Board, United Biosource Corporation, UK

Member Special Ethics Committee, NIMHANS, 2008.

Hindi Officer, NIMHANS, 2008 to 2014.

Head, Department of Psychiatry, 2009-2011.

Member, WHO’s Working Group on the Classification of Somatic Symptom and Dissociative Disorders 2010-2012.

Member of the International Psychiatry Editorial Board, 2011-

Member, Ethics sub-Committee for Dissertations in Behavioural Sciences

Chairman, Awards Committee, Indian Psychiatric Society, 2012 – 2013

Member Secretary, Dr Ramachandra N Moorthy Foundation for Mental Health & Neurosciences, NIMHANS, Bangalore, 2011 to 2020.

Associate Editor, British Journal of Psychiatry- International, 2014 to 2018

Member Secretary, Rehabilitation Committee, NIMHANS Bangalore 2011-2016

Member, University Grants Commission Expert Committee, Lucknow, 2014.

Editor in Chief, Journal of Psychosocial Rehabilitation & Mental Health, Springer Publications, 2014 to date.

Head, Psychiatric Rehabilitation Services, 2011- 2015.

Dean, Behavioural Sciences Jan 2016 to 2019

Head, Department of Mental Health Education, Dec 2015 to 2020

Member Secretary, Institute Ethics Committee, 2016 – 2019

Chairman, Board of Studies, NIMHANS, 2016-2019

Chairman, PhD Committee, NIMHANS, 2015 – 2018

Member, Institute Body, NIMHANS, 2018-date

Member, Governing Body, NIMHANS, 2018-2020

Member, Rehabilitation Committee, NIMHANS, 2018-date

Member, Academic Committee, NIMHANS, 2018-date

Member, WHO Guideline Development Group (GDG) for the proposed *WHO Guideline on chronic primary low back pain in adults.*

**HONOURS \ AWARDS:**

1. Kalawati Jagannath Memorial Prize for the Best student in Pediatrics, 1976.

2. Bronze Medal for performance in M.D. ( Psychiatry ), 1981.

3. Tilak Venkoba Rao Award, Indian Psychiatric Society, 1988.

4. Poona Psychiatric Association Award II, 1987.

5. Bhagawat Award, of the Indian Psychiatric Society, 1988

6. Poona Psychiatric Association Award I, 1988.

7. Commonwealth Medical Fellowship Award, 1988 - 1990.

8. Indian Council of Medical Research Award - Tilak Award, 1989.

9. Fellowship, European School of Oncology Course, Medical Oncology, Italy, 1989.

10. Poona Psychiatric Assocn. Award I, of IPS, 1991.

11. Poona Psychiatric Assocn. Award II of IPS, 1991.

12. ISPRAT Durlabhji Oration Award of 1991, Ind Society of Pain Res & Therapy.

13. Hans Wyder Fellowship Award of the European School of Oncology, 1992.

14. Poona Psychiatric Association Award II, of IPS, 1993.

15. Indian Council of Medical Research Award - Tilak Award, 1992.

16. Poona Psychiatric Association Award I, of IPS, 1995.

17. Poona Psychiatric Association Award II, of IPS, 1996.

18. Poona Psychiatric Association Award II, of IPS, 1998.

19. Indian Council of Medical Research Award – Dr. Vidya Sagar Award, 1998.

20. EFIC Travel Grant, 2003

22. Leading Health Profes. Award, St. Martinus Univ, Curacoa, Asian Campus, 2006

23. Fellowship of the Royal College of Psychiatrists, UK, 2010.

24. RCUK India Essay Competition award,Measuring Research Quality in India 2010

25. Dr. DLN Murthy Rao Award of the Indian Psychiatric Society, 2011/ 2012.

26. Dr BP Sharma Oration at PANCON 2022, Chitwan, Nepal.

**EXPERIENCE AS GUIDE FOR THESIS, DISSERTATIONS/International Examiner:**

M.D., M. Phil., M.Sc. dissertations since 1984; Ph. D. Guide since 1997.

MSc dissertations of Cardiff University 2012 to date

Examiner or MD Nepal. Malaysia

**Major Research Projects:**

* Indian Council of Medical Research funded Collaborative Study on Chronic pain, 1981.
* Study of Somatic Symptoms in Cancer: Manchester, England, 1988 to 1990.
* Psychesthenic Syndrome attributed to vaginal discharge. NIMHANS project, 1988-1991.
* Prevalence of premenstrual symptoms and syndromes in Indian women NIMHANS Funded project, 1991 to 1993.
* Prevalence of Eating disorders among students in Bangalore. NIMHANS project, 1993-95.
* WHO project on ‘Consumers' and Caregivers’ satisfaction with mental health services- a multisite study', 1995 to 1997.
* Ministry of Home affairs, Bureau of Police Research and Development project on ‘Mental health problems among police personnel - an epidemiological study’ 1996 to 97.
* KMIO-NIMHANS Collaborative Projects on Psycho Oncology, Psychiatric problems in patients receiving radiation treatment, and those with head and neck cancers, Concerns and psychological problems in cancer patients, 1990 to 1998.
* Collaborative Study on Cutaneous Body image and Psychosomatic Reactivity of the Skin, Joint study between NIMHANS and London, Ontario, Canada, 1997 to 1999.
* International Collaborative Study on Quality of Life of Caregivers of Dementia patients, Japan, 1997 to 1999.
* Study of efficacy of Sustained release Alprazolam: a drug trial, 1998 to 1999.
* Efficacy of Memorin in anxiety disorders, elderly, those receiving ECT's: 1997 to 1999.
* Study on safety and efficacy of Olanzopine, Ily Lilly Project, 1998 to 1999.
* Effectiveness of Citalopram in Major depression & comparison with Fluoxetine, 2000-01.
* Terry Fox Foundation Research Project on Psychosocial care to improve QOL of Cancer patients and their relatives 2001 – 2002
* A multicentre, randomized, double-blind, parallel group, placebo-controlled flexible dose study to evaluate the efficacy, safety, and tolerability of extended-release bupropion hydrochloride in elderly subjects with major depressive disorders, 2005-06
* Clinical study of D-Serine Facilitation of Cognitive Retraining in Schizophrenia. Stanley Foundation, USA, 2006- 2010
* Evaluation of teaching methods in postgraduate training 2008-
* Researches on Psychosocial Rehabilitation, 2013-
* International Study of Depression in diabetes, INTERPRET DD 2012 to 2019.
* DST TIDE project on efficacy of a novel technology, MRI-guided neuronavigation system, to stimulate specified parts of the brains of patients with schizophrenia using transcranial magnetic stimulation (TMS) while they are going through cognitive rehabilitation, 2013 –
* GCRF ESRC AHRC New Social and Cultural Insights into Mental, Neurological and Substance Use Disorders in Developing Countries project entitled Developing mental health literacy in urban and rural communities in Kerala using theatre methodology, De Monteforte University Leicester, UK, 2018-date
* MRC –AHRC Global Health Partnership Mental Health and Resilience of Internal Migrants in India, De Monteforte University Leicester, UK, 2017-date
* NIHR funded project with University Of York entitled “Improving Outcomes in Mental and Physical Multimorbidity and Developing Research Capacity (IMPACT) in South Asia, 2017 to date

**Areas of Interest / Research**:

Consultation Liaison Psychiatry; Chronic Pain & Somatization; Quality of Life Research; Psycho Oncology & Palliative Care; Cultural psychiatry; Neuropsychiatry,

Instruments & Scales development & translations, Postgraduate training & teaching methods; Research Methodology & Ethics in research,

**PUBLICATIONS:**

More than 640 publications in different International and National journals, with more than **340** citations / listings in PUBMED / MEDLINE

Edited and / or published Twenty-five Books, Manuals or Journals.

H index 44; i10 index 164; Citations >7100

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[Scopus preview - Chaturvedi, Santosh Kumar - Author details - Scopus](https://www.scopus.com/authid/detail.uri?authorId=7202989114)

<https://www.ncbi.nlm.nih.gov/myncbi/sk.chaturvedi.1/bibliography/public/>

[Santosh Chaturvedi | PubFacts](https://www.pubfacts.com/author/Santosh+Chaturvedi)

[Santosh K Chaturvedi (researchgate.net)](https://www.researchgate.net/profile/Santosh-Chaturvedi-2)

**Books, Monographs & Journals Edited &/or Published**

1. Channabasavanna, S.M., Gururaj, G., Chaturvedi, S.K., Chandra, P. & Subbukrishna, D.K. Occupational Stress and Mental Health of Police personnel in India. NIMHANS Publication No.37, 1996.
2. Chandra, P., Chaturvedi, S.K., Channabasavanna, S.M. Lecture Notes in Psycho Oncology. NIMHANS. Bangalore, 1996.
3. Chandra, P.S. & Chaturvedi, S.K. [eds.] Psycho Oncology: Current Issues. NIMHANS. Bangalore, 1998.
4. Chaturvedi, S.K. A Handbook of Depression Volume I & II. Published by Knoll Publications, Mumbai. 1998.
5. Nakane Y, Tazaki M, Chaturvedi SK. Quality of life of Caregivers of people with Dementia - Report of an International Collaborative Study. Nagasaki University School of Medicine, Nagasaki, Acta Medica Nagasakiensia, 44, Supplement, 1999.
6. Chandra PS, Akhileswaran R, Chaturvedi SK, Shinde U. Caring at home: frequently asked questions by persons with advanced cancers and their caregivers. Published by BHT center for Palliative care Education, 1999.
7. Chaturvedi SK. Special Issue on Chronic pain, NIMHANS Journal, 17, 1999.
8. Chandra P, Chaturvedi SK, Isaac MK [Editors]. Psychiatric Obstetrics & Gynecology. NIMHANS Publication 40, NIMHANS, Bangalore 2000.
9. Chaturvedi SK & Chandra P [Editors]. Quality of Life in Health & Disease, NIMHANS, Bangalore, 2000.
10. Chaturvedi, SK. Special issue on Psycho oncology & Neuro oncology, NIMHANS JOURNAL, 18 (3, 4), 2000.
11. Chaturvedi SK & Desai G. Issue on Somatoform Disorders, International Review of Psychiatry. 18 (1), 2006.
12. Chaturvedi SK, Chandra PS, Simha S. Communication skills in palliative care. Voluntary Health Association of India, New Delhi, 2008. <https://www.jainbookagency.com/newdetails.aspx?title=Communication+Skills+in+Palliative+Care>
13. Chaturvedi SK & Desai G. Chronic Pain: Assessment and Management. A Manual for Pain Clinicians. NIMHANS, Bangalore, 2009.
14. Chaturvedi SK & Desai G. Chronic Pain: Assessment and Management. A Manual for Pain Clinicians. Second Edition, NIMHANS, Bangalore, 2011.
15. Desai G & Chaturvedi SK Chronic Pain: Assessment and Management. A Manual for Nursing Professionals, Psychosocial Perspectives. NIMHANS, Bangalore, 2011.
16. Chaturvedi SK. Issue on Somatic Disorders, International Review of Psychiatry. 25 (1), 2013.
17. Desai G & Chaturvedi SK. Medically unexplained somatic symptoms & chronic pain: assessment and management. Paras Medical Publishers, Hyderabad, 2017. <https://www.parasredkart.com/index.php?route=product/product&product_id=7743>
18. D. Bhugra, G. Ranjith, SK Chaturvedi, G Kalra. Handbook of Psychiatry for South Asia, 2nd Edition. Edited by D. Bhugra, G. Ranjith, SK Chaturvedi, Paras Medical Publishers, Hyderabad, 2019. <https://www.parasredkart.com/index.php?route=product/product&product_id=11892>
19. SK Chaturvedi. Rural living & mental health. Mental Health and Illness Worldwide, edited by Professors Sartorius and Ee Hoek Kua Springers, 2019. <https://www.springer.com/gp/book/9789811023439>
20. Reddi VSK, Gowda SM, Ganjekar S, Chandra PS, Chaturvedi SK. Poignancy to peace: Identification and management of grief in palliative care. Department of Psychiatry, National Institute of Mental health & Neurosciences, Bangalore. 2019.
21. Somashekhar BS, Manjunatha N, Chaturvedi SK. Stress and Struggles. The Comprehensive Book of Stress Mental Health and Mental illness. Indo UK Stress and Mental Health, Coventry & Bengaluru, 2021.

[Stress and Struggles: The Comprehensive Book of Stress, Mental health and Mental Illness: Stress and Mental Illness: Amazon.co.uk: Somashekar, Dr Bettahalasoor S, Narayana, Dr Manjunatha, Chaturvedi, Dr Santosh K: Books](https://www.amazon.co.uk/dp/B08SBPZWTW)

1. Santosh K Chaturvedi Clinical Psycho-Oncology: Indian perspectives and research. Amazon.com January 2021

[Clinical Psycho-Oncology: Indian perspectives and research by Santosh K Chaturvedi – Books on Google Play](https://play.google.com/store/books/details/Santosh_K_Chaturvedi_Clinical_Psycho_Oncology_Indi?id=bQUXEAAAQBAJ)

[CLINICAL PSYCHO-ONCOLOGY: Indian Perspectives and Research: Chaturvedi, Prof Santosh K: 9798598397831: Amazon.com: Books](https://www.amazon.com/dp/B08TQ9668C?ref_=pe_3052080_397514860)

DOI [10.6084/m9.figshare.14482821](https://doi.org/10.6084/m9.figshare.14482821)

1. Santosh K Chaturvedi. User Guide for the Scale of Assessment of Somatic Symptoms, 2021.

[Santosh K Chaturvedi. User Guide for the Scale of Assessment of Somatic Symptoms, 2021 – Books on Google Play](https://play.google.com/store/search?c=books&q=Santosh+K+Chaturvedi.+User+Guide+for+the+Scale+of+Assessment+of+Somatic+Symptoms%2C+2021)

[Scale for Assessment of Somatic Symptoms SASS: SASS: Chaturvedi, Dr Santosh K: 9798590836055: Amazon.com: Books](https://www.amazon.com/dp/B08S59KH3L?ref_=pe_3052080_397514860)

DOI [10.6084/m9.figshare.14482524](https://doi.org/10.6084/m9.figshare.14482524)

1. Santosh K Chaturvedi. Handbook of Clinical Depression. Amazon.com. 2021.

[Santosh K Chaturvedi. Handbook of Clinical Depression. – Books on Google Play](https://play.google.com/store/search?c=books&q=Santosh+K+Chaturvedi.+Handbook+of+Clinical+Depression.)

[Handbook of Clinical Depression: Amazon.co.uk: Chaturvedi, Prof Santosh K: 9798594786264: Books](https://www.amazon.co.uk/dp/B08SZ1HYRF).

DOI [10.6084/m9.figshare.14482746](https://doi.org/10.6084/m9.figshare.14482746)

1. Santosh K Chaturvedi. Unmentor- the negative mentor. Amazon. 2021. [UNMENTOR – THE NEGATIVE MENTOR: Chaturvedi, Dr Santosh K: 9798723942905: Amazon.com: Books](https://www.amazon.com/dp/B08ZBM2SX1?ref_=pe_3052080_397514860)
2. Santosh K Chaturvedi, Sandeep Grover, Bhavika Vajawat, Sachin. Somatization across cultures. Oxford Cultural Psychiatry, Oxford University Press, in preparation, 2022.

**Editorial assignments for Journals.**

* 1. Assistant Editor, Indian Journal of Psychiatry, 1985 to 1988.
  2. **Associate Editor, Progress in Palliative Care (U.K). 1994-2003**
  3. Associate Editor, Indian Journal of Palliative Care. 1998-2002
  4. Member, Editorial Board, Psycho Oncology 2002 – 2016
  5. **Associate Editor, BJPsych International, 2014-2019**
  6. **Editor in Chief, Journal of Psychosocial Rehabilitation & Mental Health, Springer Publications, 2014 to date.**
  7. **Associate Editor Frontiers in Psychiatry, Social & /Rehabilitation section.**
  8. **Guest Editor, Current Opinions in Psychiatry, 2022**

TEDx Talk on Unmentor, the negative mentor February 2020

<https://www.youtube.com/watch?v=-2Vbrdy1ajM&t=14s>